CPD December 2019

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Regarding diarrhoeal disease hospitalisation

1. Is the following statement true or false?

Rotavirus vaccination has led to reductions in diarrhoeal disease worldwide.

- 2. Regarding diarrhoeal disease in our setting, which of the following statements are correct?
 - a. We observed significant reductions in the incidence post rotavirus vaccination introduction.
 - b. Hospitalisation peaks were reported following increases in temperature and rainfall.
 - c. Household factors were associated with increased disease.
 - d. The mortality rate was high.

Regarding post-neonatal tetanus in Nigeria

- 3. Which of the following statements regarding post-neonatal tetanus immunisation in Nigeria are true?
 - a. Three-quarters of children are partially immunised.
 - b. Lack of booster doses of tetanus toxoid after infancy is rare in children with post-neonatal tetanus.
 - Three-quarters of children with post-neonatal tetanus are not immunised.
 - d. Maternal anti-tetanus vaccination is not relevant in postneonatal tetanus.
- 4. Which of the following statements regarding complications and severity of post-neonatal tetanus are true?
 - a. Aspiration is the most frequent complication.
 - b. Most of the children have Ablett grade III disease.
 - Hyperpyrexia occurs with the same frequency as prolonged/ frequent spasms.
 - d. Neck stiffness is the first symptom in two-thirds of cases.

Regarding the characteristics and outcomes of neonates with gastroschisis

Is the following statement true or false?

- There was a decrease in the prevalence of gastroschisis during the study period.
- 6. Which of the following statements is true?
 - a. The median age at starting oral feeds among survivors was 5 days.
 - b. The average stay on mechanical ventilation was 7 days.
 - Sixty-eight percent of patients had at least one episode of sepsis during their hospital stay.
 - d. The mortality rate at hospital discharge was 75%.
- 7. The high mortality rates for infants with gastroschisis in developing countries can be attributed to which of the following factors?
 - Initial care of the eviscerated bowel at birthing centres and the conditions in which the infants are transported to referral centres

- b. Inadequate intensive care unit bed spaces and adequately trained personnel
- c. Mother gravidity and HIV status
- d. Gestational age and birth weight
- e. Sepsis
- 8. Based on the International Clearinghouse for Birth Defect Surveillance and Research, which country had the highest prevalence of gastroschisis?
 - a. South Africa
 - b. USA
 - c. UK
 - d. Cuba
 - e. Ireland.

Regarding the use of hydroxyurea therapy in sickle cell disease (SCD)

9. Is the following statement true or false?

Hydroxyurea therapy is a standard of care for children with SCD all over the world, especially in sub-Saharan Africa, which has the greatest burden of the disease globally.

- 10. Which of the following laboratory parameters are elevated after hydroxyurea therapy for SCD?
 - a. Platelet levels
 - b. Haemoglobin F levels
 - c. White blood cell levels
 - d. Absolute neutrophil counts
 - e. Packed cell volume.
- 11. Choose the correct statement regarding the use of hydroxyurea therapy for SCD.
 - Hydroxyurea therapy has been associated with decreased rates of vaso-occlusive crises, priapism, blood transfusions and mortality in SCD.
 - b. Hydroxyurea therapy is well tolerated and can be used in children as young as 9 months of age.
 - c. There is limited use of hydroxyurea therapy in sub-Saharan Africa owing to inadequate availability of and access to the drug, and not physician or health facility capacity to manage and monitor people on the medication.
 - d. Hydroxyurea therapy can only be monitored by measuring the mean corpuscular volume.
 - e. Hydroxyurea therapy is associated with decreasing transcranial doppler ultrasound values towards normal, thereby decreasing the risk of stroke in SCD.

Regarding demographic and socioeconomic factors associated with under-5 mortality

Are the following statements true or false?

A maximum of 3 CEUs will be awarded per correctly completed test.

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- 12. Male children were 1.22 times more likely to die before the age of 5 years than female children.
- 13. Compared with Indian respondents, under-5 mortality was 5.99 times more likely to be reported by black respondents.
- 14. Under-5 mortality was 1.47 times higher among respondents who were between 15 and 19 years.
- 15. Under-5 mortality was 2.14 times higher among respondents between 20 and 24 years of age.

Regarding Fanconi anaemia in South Africa

- 16. Which of the following are classical initial laboratory features of Fanconi anaemia
 - a. macrocytic anaemia
 - b. positive diepoxybutane (DEB) test
 - c. molecular studies always negative
 - d. thrombocytopenia on full blood count.

Regarding workplace support for breastfeeding employees in educational and healthcare settings

- 17. Is the following statement true or false?

 This study found that women with shorter maternity leave periods were more likely to breastfeed exclusively.
- 18. Which of the following factors are associated with optimal workplace breastfeeding practice?
 - a. availability of private designated rooms equipped for breastfeeding
 - b. maternity leave for ≥6 months
 - c. women's prior breastfeeding experiences
 - d. the number of workplace employee.

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