

SAPA 2021 CONFERENCE

The 2020 SAPA conference was postponed because of the COVID-19 pandemic. The conference is now scheduled for 13 - 15 August 2021 at the CSIR Conference Centre in Pretoria. Diarise the dates now.

SAPA EXECUTIVE COMMITTEE EXTENDS TERM OF OFFICE

The SAPA executive committee is elected biennially and this activity is timed to coincide with the Annual General Meeting (AGM) held at the SAPA conference. With the postponement of the conference this year, the executive will continue in office until the next AGM in August 2021. The executive offer their time on a voluntary basis, balancing clinical and administrative work with the ever-increasing needs of a dynamic and growing organisation. We welcome members to get involved in SAPA activities; to volunteer please email us at sapapaeds@gmail.com.

JOINING SAPA

The revitalised SAPA will soon be launching a membership platform after many requests by paediatricians to formally join as a member. Our new website, to be launched in October 2020, will allow interaction between paediatricians all over the country, sharing thoughts on how to *help kids thrive* in South Africa.

BECOME A SAPA MEMBER

Enter your [details](#) here, and we'll get back to you with more information.

SAPA WEBINARS

The SAPA COVID-19 webinar series was hugely successful and will continue ad hoc. The recordings of past webinars are available on our YouTube channel. We will continue to host webinars on general paediatric topics on the last Wednesday of every month at 17h00. Join us as we continue learning from the experts on various matters that affect our practice.

SUPPORT FOR BREASTFEEDING – PEDIACAST CME

Many mothers struggle to establish breastfeeding and need some assistance. None of us needs any convincing about the benefits of breastfeeding, and offering assistance to mothers wishing to successfully establish breastfeeding is essential. For guidance on how to do this, [listen](#) to Dr Kristina Lehman, a US paediatrician who has an advanced certificate in lactation.

DON'T FORGET THE BUBBLES: SKIN DEEP

BCG abscesses, eczema, haemangiomas, dermal melanocytosis, Gianotti-Crosti syndrome... from the common to the rare, the 'Don't Forget The Bubbles' [skin modules](#) are extremely useful to assist recognition of the various dermatological presentations that our patients present with. Browse through them as a refresher or search by condition, area affected or description.

MULTISYSTEM INFLAMMATORY SYNDROME

In the wake of COVID-19, children have been susceptible to a multisystem inflammatory syndrome. A high index of suspicion for this condition is essential. See the [NICD standard operating procedure](#) to aid your practice. Remember to [notify](#) all suspected cases.

PAEDIATRIC PROTECTIVE PILLARS APP

An app that assists front-line healthcare workers struggling with the stress and strains related to COVID-19, and life in the medical field generally, to obtain up-to-date information and details of support services is available. Download the app ([App store](#) or [Google Play store](#), enter code PPPP20) for the latest information and to connect with colleagues who have offered their assistance.

For updates on future webinars, conferences and other SAPA news, sign up [here](#). Also, follow us on our social media channels.

