

The CPD programme for SAJCH is administered by Medical Practice Consulting.

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## South Africa regains polio-free status: Processes involved and lessons learnt

1. Lessons learnt from this experience include:
  - a. reaffirming the importance of continued commitment to polio eradication efforts
  - b. strengthening health systems through quality improvement projects
  - c. ensuring accountability in supervision
  - d. monitoring of polio-related indicators.

## Regarding neonatal medium-sized vessel vasculitis

2. Which of the following statements are true?
  - a. Inflammation of the skin and soft tissues is uncommon in healthy neonates.
  - b. The classification and severity of vasculitis is determined based on the size and site of involved vessels.
  - c. Allergic reactions to drug administration often involve the skin.
  - d. Primary or secondary vasculitis in the neonatal period is not life-threatening.

## Regarding paediatric gastrointestinal endoscopy

3. The most common presenting symptoms in children undergoing gastroscopy include
  - a. patients evaluated for PEG insertion for feeding due to feeding difficulty
  - b. poor weight gain/failure to thrive
  - c. chronic abdominal pain
  - d. chronic diarrhoea.

## Regarding male partners' experiences of early pregnancy ultrasound scans in Soweto, South Africa

4. Which of the following statements are true:
  - a. Partners and fathers can promote maternal health and wellbeing by encouraging positive behaviours.
  - b. Men face a range of barriers in low- and middle-income settings.
  - c. Cultural beliefs and practices do not influence father involvement.
  - d. Routine health checks provide important opportunities to involve male partners and raise awareness of the importance of their involvement in their child's development.

## Regarding training, confidence and knowledge of healthcare workers with regard to HIV and infant feeding

5. Which of the following statements are true:
  - a. Breastfeeding is always encouraged even for mothers living with HIV.
  - b. There is a low risk of HIV transmission from mother to child through breastmilk.
  - c. This study shows that the majority of healthcare workers were insufficiently trained in the HIV component of this policy.
  - d. Treatment failure can only be diagnosed in patients who are compliant with their ART.

## Regarding moderate to severe neonatal encephalopathy with suspected hypoxic-ischaemic encephalopathy in cooled term infants born in Tygerberg Academic Hospital

6. Which of the following statements are true?
  - a. The bed occupancy rate for the labour ward was 52% during the study period.
  - b. The longest waiting time for theatre was 5 hours.
  - c. All the women in the study were referred for specialist care during the antenatal or intrapartum period.
  - d. Nine vacuum-assisted deliveries were done for poor progress in the second stage of labour.

## Regarding primary hyperoxaluria

7. The diagnostic work-up includes:
  - a. a 24-hour urine or spot urine analysis for oxalate crystals
  - b. histology
  - c. imaging
  - d. routine health checks provide important opportunities to involve genetic mutation analysis.

## Regarding infant injuries treated at Red Cross War Memorial Children's Hospital, Cape Town, South Africa

8. The most common type of
  - a. falls was from the bed
  - b. burn was from hot water
  - c. transport-related injury was motor vehicle crashes
  - d. other injury was due to being struck.

## Regarding the trajectory of general movements from birth until 12 - 14 weeks corrected age in very low-birthweight and extremely low-birthweight infants born preterm

9. The multivariate analysis included the following variables:
  - a. higher birthweight
  - b. lower birthweight
  - c. gestational age at birth
  - d. intraventricular haemorrhage grade III.

## Regarding anaemia, iron and vitamin A status among South African school-aged children living with and without HIV

10. True or false?

No differences in anaemia, iron-deficient erythropoiesis and iron deficiency anaemia were found between HIV+ than HIV- children.

## Regarding child development at age 5 years

11. True or false?

Child development at 5 years was independently associated with SES and birthweight.

A maximum of 3 CEUs will be awarded per correctly completed test.  
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